Final Bulletin

Open Slovak Championships in

Sprint and Free Order (Long Distance)

Accompanying events:	Slovak MTBO Cup 2013 – 11th and 12th round
Organizer:	City of Šaštín-Stráže and Slovak Orienteering Federation, Junácka 6, Bratislava
Technical Realisation: Date:	ŠK VAZKA Bratislava 28. 9. 2013 (Saturday) – Sprint distance 29. 9. 2013 (Sunday) – Free Order on Long distance
Event centre:	Gazárka resort for both days, approximately 2km from main road 500. For navigation see attached picture, Cottage Doprastav is the event centre
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GPS 48.63037,17.137642

Classification of races:

Saturday, 28 September – Slovak Championships in Sprint, individual start Sunday, 29 September – Slovak Championships in Free Order on Long Distance, individual start

Slovak Championships will be announced for both days in these categories M -17, M -20, M 21-, M 40-, M 50-, W -17, W -20, W 21-, W 40-, only registered competitors in Slovak clubs will be rated. Minimum of three competitors in each category is required for awarding winners with medals and diplomas. Categories will be joined together if there is less than three competitors.

Registration:

Saturday 10:30 – 12:30 in event centre Sunday 08:00 - 09:00 in event centre On Sunday only for competitors not participating in Saturday race

Start 00:

Saturday – 14:00 Sprint distance, individual start Sunday – 10:00 Free Order (on long distance), Individual start

Distances:

Parking area – event centre:	200 m
Event centre – start Saturday:	4 km, 10 m of climbing, yellow ribbons, forest road
Start – map start Saturday:	0 m
Event centre – start Sunday:	3 km, 15 m of climbing, yellow ribbons, forest road
Start – map start Sunday:	0 m
Event centre – finish Saturday:	3km
Event centre – finish Sunday:	200m

Course statistics:

Saturday (Sprint)

	aerial			no. of
Categories	dst.	real dst.	climbing	controls
W14	3.3 km	4.5 km	0 m	7
W17	3.4 km	4.6 km	0 m	7
W20	3.5 km	4.7 km	0 m	10
W21	5.3 km	7.1 km	5 m	14
W40	7.3 km	9.2 km	5 m	9
W50	7.3 km	9.2 km	5 m	9

Sunday (Long with free order of control points)

	aerial			no. of
Categories	dst.	real dst.	climbing	controls
W14	5.0 km	8.0 km	15 m	8
W17	10.2 km	14 km	20 m	10
W20	16.2 km	23 km	35 m	13
W21	18.0 km	26 km	40 m	17
W40	10.2 km	14 km	20 m	10
W50	10.2 km	14 km	20 m	10

..to be continued on the next page ;-)

..here is the rest ;-)

		no. of		no. of		aerial			no. of
real dst.	climbing	controls	climbing	controls		dst.	real dst.	climbing	controls
M14	3.3 km	4.5 km	0 m	7	M14	5.0 km	8.0 km	15 m	8
M17	3.5 km	4.7 km	0 m	10	M17	16.2 km	23 km	35 m	13
M20	4.9 km	6.5 km	5 m	13	M20	18.0 km	26 km	40 m	17
M21	5.8 km	7.5 km	10 m	17	M21	23.9 km	31 km	50 m	23
M40	5.3 km	7.1 km	5 m	14	M40	18.0 km	26 km	40 m	17
M50	4.9 km	6.5 km	5 m	13	M50	16.2 km	23 km	35 m	13
K	5.4 km	7.2 km	10 m	10	K	12.2 km	18 km	25 m	11
OPEN	3.3 km	4.5 km	0 m	7	OPEN	5.0 km	8.0 km	15 m	8
RD	3.3 km	4.5 km	0 m	7	RD	5.0 km	8.0 km	15 m	8

Map exchange for Sunday race:

"One map is not enough", therefore we printed one A3 plus one A4 for one specially extra long category.. If You are lucky enough to **compete in M21**, then You should get two maps on the start. Do not lose them! You will need them not only on the map exchange, but also in the finish. Those, who do not have two maps in finish, will be disqualified!

And now some explanations on this topic:

Map exchange can occur at any moment of Your race. It depends only from You! There will be quite a big overlapping region, where controls are drawn both in first and in the second map (it is only control No. 35 in following "help-illustration"). Therefore, the "overlapping" control points can be punched both during the first and during the second map. You can freely choose.

To help You understand this, here is a small illustration:



Example: 1st map: $\Delta - 1 - 2 - 3 - 4 - 5 - 6$ (map exchange) 2nd map: $\Delta - 7 - 8 - 9 - 10 - 11 -$ (map exchange) 1st map again $\Delta - 12 - 13 - 14 -$ finish

Of course, any competitor can change his map at any time of the race, when he wants to. We however recommend only two map changes..

These lines should therefore serve as a useful inspiration only! ...and not as strict instructions ;-)

Refreshment point during race:

- There will be no refreshment during the race.
- But there will be our sponsor A-One giving some refreshment right after the finish line.

Expected winning times:

According to competition rules in MTBO in Slovakia

Technical control:

- No competitor will be allowed to start without a **cycling helmet** and SI card fixed to the bike.
- Technical control will be provided for categories M-14, W-14 and open categories (Nábor, Open short, Open long) on the start.

Punching system:

- SportIdent system. SI card rental on the registration, 1 €/day, in case of a lost or destruction penalty of 30 € will be charged.
- Each competitor has to clear and check SI card before start. Race finishes with punching SI unit on the finish line. In case of a robbery/damage of SI unit, punch a control into the map. Do not forget to inform about such a situation in the finish. Do not forget to read your SI card righ after the finish.

Maps:

Saturday – Tomky 1:10 000, e 2,5 m, for MTBO, format of A3 or A4 Sunday – Lásek 1:15 000, e 2,5 m, for MTBO, format of A3 and / or A4 Map is not waterproof protected.

Terrain :

mostly flat, several undulating parts with short and steep ups and downs, sandy ground, high density of tracks and paths. In the forest there are ongoing forest activities, timber production, etc., which may result in change of paths clasification, such changes may not be updated in the map. Be aware, that also the sand itself results in severe "reclassifications" of paths in case of rain.

Forbidden areas:

- Riding on road crossed with red line is forbidden as well as crossing meadows (dark yellow color on map) or entering private areas (dark green color on map).
- Riding out of tracks is forbidden, you may carry your bike 20 cm above ground level. Competitors shall not leave his/her bike.

• However, competitors can ride on the so called "forest aisles", which are marked with dark yellow line. Though, this may result in an "injury" of Your bike – e.g.: a broken derailleur hanger or a broken spoke. So, count on this!

Common rules to be obeyed:

riding on right side, overtaking from left side, competitor in downhill has right of a way. Violating of any rule will be punished with disqualification. Referees will monitor obeying of all rules in the forest.

Time limit:

Saturday: 90 min. Sunday: 200 min.

Finish closing:

Saturday : 18:00 Sunday: 15:00

Starting bibs:

For all categories, same for both days

Protests:

In written form handed to the main referee (Matúš Trnovec) with fee of 10 EUR.

Results:

Updated in event centre, official results on http://mtbo.vba.sk/

Prize giving ceremony:

Saturday – 17:00 in event centre Sunday – 14:00 in event centre First three competitors will be awarded with material prizes, medals and diplomas.

Bike washing:

In event centre with buckets and brushes. It is strictly forbidden to wash your bikes in lakes!

Accomodation in Cottage Doprastav:

Cottage is heated and comfortable.

Accomodation in cabins in camping:

We encourage you to bring sleeping bags and warm clothes or handy heating with you. Cabins are not heated and it may get cold during the night. Bed clothes will be provided.

Refreshment:

- Bufets in the event centre and in nearby restaurants (our recommendation is the pizzeria right next to the event centre).
- In the finish for both days the refreshment from A-ONE Nutrition

Parking:

Please, follow the instructions of organizers

First Aid: In the event centre

Attention:

- The competition is held in a popular tourist destination, pay attention to the tourists. Pay attention to the parked cars as well. In the competition area there are many rectangular crossroads, pay attention when crossing.
- The competition area is a part of Protected Landscape of Záhorie, it is strictly prohibited to enter prohibited areas. Violation of rules will result in disqualification.

Final Remark:

- Cycling helmet is compulsory!
- Organizers are not responsible for any damages caused during or after the competition. Each competitor is competing on his/her own will and on his/her own risk and is responsible for his/her health conditions.

Organizing committee:

Event director:	Miroslav Lago, lago@vba.sk, +421 905 547612
Course Setters:	Saturday: Mikuláš Šabo
	Sunday: Andrej Čully and Matej Müller
Main referee:	Matúš Trnovec